

Table 9.3
Example Curricula for Teaching Sex Education to People With Developmental Disabilities

Age range	Sample curricula
Ages 5–11	<ul style="list-style-type: none"> • <i>Promoting Social Success: A Curriculum for Children with Special Needs</i> (Siperstein & Paige, 2004). • <i>Teaching Children with Down syndrome about Their Bodies, Boundaries and Sexuality: A Guide for Parents and Professionals</i> (Couwenhoven, 2007). www.woodbinehouse.com
Ages 12–18	<ul style="list-style-type: none"> • <i>Life Horizons I & II</i> (Kempton, 2005). www.stanfield.com • <i>Sex Education for Persons with Severe Developmental Disabilities</i> (Brekke, 1988). www.stanfield.com • <i>Taking Care of Myself: A Hygiene, Puberty and Personal Curriculum for Young People with Autism</i> (Wrobel, 2003). www.futurehorizons-autism.com
Ages 18+	<ul style="list-style-type: none"> • <i>Circles I: Intimacy and Relationships</i> (Walker-Hirsch, 2007). www.stanfield.com • <i>Relationship Series</i> (Young Adult Institute, 2013). www.yai.org • <i>Finger Tips: Teaching Women with Disabilities About Masturbation Through Understanding and Video</i> (Hingsburger & Haar, 2000). www.diverse-city.com • <i>Hand Made Love: A Guide for Teaching About Male Masturbation Through Understanding and Video</i> (Hingsburger, 2000). www.diverse-city.com