

Table 7
Questions for Evaluating the Best Crisis Intervention Program for Your School

Crisis Antecedents and De-escalation	
1.	Does your program teach participants to identify and manage the antecedents surrounding or leading into a crisis situation?
2.	Does your program teach participants to recognize signs of agitation prior to a crisis situation?
3.	Does your program teach participants to use preventive and early intervention strategies?
4.	Does your program specifically discuss how to verbally de-escalate agitated students?
5.	Does your program teach other nonphysical de-escalation strategies?
6.	Does your program teach participants to differentially reinforce alternatives to student's aggressive behavior?
7.	Does your program teach participants to assess all possible contributing factors to aggression, including academic and social factors?
8.	Does your program teach participants to functionally assess acting-out behaviors?
Physical Restraint Procedures	
1.	Does your program teach specific criteria for determining when physical or manual restraint is warranted?
2.	Does your program teach participants to use physical restraint only in situations of clear and immediate danger to student or others?
3.	Does your program teach participants about a limit to the duration of a physical restraint procedure?
4.	Does your program include instruction on how to undertake "face down" or "face up" restraints?
Monitoring During Restraint Procedures	
1.	Does your program teach participants techniques for monitoring student's physical state during restraint?
2.	Does your program teach participants to monitor student's breathing rate and/or pulse during restraints?

Table 7 (cont'd)
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Monitoring During Restraint Procedures
3. Does your program include instruction on the signs of physical distress (position asphyxia)?
4. Does your program teach participants techniques for monitoring subject's emotional state during restraint?
5. Does your program teach participants to discontinue a restraint procedure based on the subject's physical or emotional state during restraint?
Debriefing and Follow up
1. Does your program teach participants how to problem solve together as staff/faculty members following a crisis situation?
2. Does your program teach participants to debrief with the student(s) following a crisis situation?
3. Does your program include provisions for monitoring and keeping records of the frequency, duration, and types of restraints used?
4. Does your program include a process to investigate complaints or injuries related to the use of a restraint procedure?
Training and Certification
1. Does your program offer certification for participants who successfully complete your training program?
2. What is the approximate length of the training program in hours which would typically lead to certification for participants who successfully complete the program?
3. Does your program require participants to be recertified? How frequently?
4. Does your program offer a Training the Trainer program?
5. Does your program offer an option for training which does not include any physical restraint techniques or procedures (for example conflict de-escalation only)?

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