

Table 5.1 Multiple Intelligences	
Area of strength	Explanation
Verbal/linguistic	Thinks in terms of words, uses words effectively, and has highly developed auditory skills. Learns through reading and playing word games or writing.
Visual/spatial	Thinks in terms of space and is aware of the environment. Learns through visual and physical images.
Intrapersonal/social	Builds understanding through interactions with others and learns best through group activities, seminars, and dialogues
Interpersonal/self	Understands his or her own interests and goals. Learns through independent study and introspection.
Mathematical/logical	Thinks abstractly, forms concepts, and sees relationships and patterns through the use of logic and reasoning. Learns best through the application of logic and solving questions.
Musical/rhythmic	Shows a sensitivity to music, rhythm, and sounds within the environment. Learns best by using music and rhythm as a background when studying and arranging content into lyrics and raps.
Bodily/kinesthetic	Effectively uses the body and has a well-developed awareness of the body. Learns best through hands-on and physical activities.

Note. See Gardner, 1999.